

# Fishing Journal

Information For The Serious Angler

by John Martinis

August 2014

## Fishing Dates

**South Sound  
Salmon Derby  
August 16**

**Edmonds Coho Derby  
September 6**

**Salmon for Soldiers  
September 13**

**Everett Lions  
Blind Derby  
September 14**

**Everett Coho Derby  
September 20-21**

**Areas 8-1 & 8-2 Opens  
August 1  
Coho Only**

**Area 7 South Re-Opens  
for Spot Shrimp  
July 29-August 3**

**Shop Online at  
John's Sporting Goods  
[shop.johnssportinggoods.com](http://shop.johnssportinggoods.com)**

## This Issue

Marine Areas 9 & 10 pg 1  
Puget Sound Coho pg 1  
Areas 8-1 & 8-2 pg 2  
San Juan Chinook pg2  
Lake Wenatchee pg 3  
Area 7 Spot Shrimp pg 3  
Crabbing Update pg 3  
Salmon for Soldiers pg 3  
Fish Tacos pg 3

## Coho Seminar

My Next seminar will be September 19  
at Bayside Marine @ 7PM

## Marine Area 9 & 10 Update:

The Washington Department of Fish and Wildlife conducted a conference call with the Puget Sound Recreational Fisheries advisors Thursday July 24, and creel census numbers indicate that we are going to have a longer chinook season than was widely speculated. As of July 24th Area 9 has used 38% of it's quota and Marine Area 10 encompassing the area of Puget Sound adjacent to Seattle has over 75% of it's quota remaining. The bottom line is that we should have chinook fishing in Puget Sound well into August!

## August Transition Chinook to Coho

Salmon fishing in Puget Sound this year is going to look quite a bit different than last year because we don't have pink

salmon to fall back on for the first 15 days of August before the Coho show up. However, it appears that the Chinook season is going to last longer than last year because the Chinook fishing is only been average at best. The businessman part of me says that I want the Chinook season to last several weeks, whereas the fisherman side of me wants fishing to be red-hot. Where I think all of this will go; the Chinook season will probably transition right up against the time when Ocean Coho start appearing in Puget Sound around the middle of August.

If you think about it, just think what Puget Sound salmon fishing would look like if the Chinook season only lasted 10 days as it did last year. Chinook would be closed, there would be no Coho and the salmon fishing would be stinky for two weeks until Coho started to appear in Puget Sound. This is very consistent with the salmon roller coaster ride that we get in Puget Sound throughout the years. Let's just hope that the Coho show up early so that we can transition from Chinook fishing to Coho fishing.

To get serious about Coho fishing, we've got to start changing out gear and changing the places that we are salmon fishing. Sure, you can catch Coho while fishing for Chinook, but a better tactic is to go fishing where Coho are schooling up in the middle part of August. In mid-August, I want to focus on the area that extends from the [Scatchet Head Buoy](#) and into [Useless Bay](#) (outgoing tide only). My friend Peter Hatch and I slayed the Coho in this area in the early part of the Coho season last year. This has been my go to spot year after year for Coho in mid and late August. I will assure you that this will play out again

# Just Fishing



this year. In this area look for the rips that start at the Scatchet Head Buoy and extend into Useless Bay. Troll parallel to these rips while looking for large schools of herring. Once you find the herring concentrate your fishing efforts on that area. Sometimes this means trolling and turning some pretty tight loops to stay on top of the bait. Do not make the classic mistake by catching a fish and then trolling down the rip line for another mile.

When the tide is coming in, I like to slip over to the East-Side of Possession Bar and fish the Bar around the southern exit from the [Horseshoe Hole](#).

Once we get into September Coho fishing, the landscape for Coho fishing will look much differently and we will discuss that in the September Newsletter.

Let's start talking about some gear and then we will discuss depths and some trolling techniques for catching Puget Sound Ocean Coho.

The gear for Coho fishing is quite simple: [Gibbs Red Racer flasher](#), [Goldstar OAL12R Purple Haze Squid](#), any [UV Goldstar Needlefish Ace Hi Fly](#) used as an insert for the OAL12R Squid.

Tie the squid leaders with 30lb PLine fluorocarbon leader material. Use two [4/0 92553SS Mustad](#) stainless hooks or use 4/0 black Gamakatsu hooks. Tie the hooks so that they are no more than ¼ inch apart. Slide the UV Goldstar Needlefish Ace Hi Fly down the leader and then slide the OAL 12R squid down the leader so that the Ace Hi Fly ends up inside the squid. Initially, cut the leader off so that the leader is 46 inches long. That will give you an extra 10 inches of leader, so that

the leader becomes 36 inches long or less once the leader is tied to the flasher. A good leader length range should be 30-36 inches long once it is tied to the flasher.

Fishing depths for Coho can vary widely from year to year. Two years ago, we were fishing anywhere from 150 to 200 feet deep. During the 2013 season the best fishing depths for Coho fishing was the standard 60 to 90 feet deep. It's hard to tell what the best Coho fishing depths will be this year, but it will be safe to assume that fishing 60 to 90 feet deep will be a good starting point. Remember, that the fishing depth for Coho fishing and the actual depth of the water are not at all related to each other. Most of the time when you are fishing for Coho, the actual depth of the water will exceed 150 feet deep. This is quite convenient because it is so much different than Chinook fishing where close proximity to the bottom is so important. Coho fishing is all mid-water fishing.

Trolling speed for Coho is also much different than Chinook, you have to crank that throttle up a bit to at least 3.0 to 3.5 mph.

## Areas 8-1 and 8-2 Open for Coho August 1

Even though areas 8-1 and 8-2 open for Coho on August 1, I would not expect to see too much action for Coho until sometime after August 15.

If you wanted to get a line wet and try for some Coho, I would recommend fishing in the Shipwreck Area, just south of Mukilteo. To be more precise, I would concentrate on the

area ½ mile north of the Shipwreck to Picnic Point. In the area that I described, you would be straddling Areas 8-2 and Area 9.

As far as Area 8-1 goes, I wouldn't expect too much for Coho for most of that area.

## San Juan Islands Chinook Another Transition

Once we leave the month of July behind us, Chinook fishing in the San Juan Islands transitions from Rosario Strait to the West side of San Juan Island. Personally I like this transition, because the water is calm and the Chinook are larger than any other month of the year.

Like all other Chinook fishing areas in the San Juan Islands, the West side of San Juan Island has its own special rules: the tide has to be going out in order to have good Chinook fishing. A good game plan for August Chinook fishing in the San Juan Islands is to go crabbing when the tide is coming in and go fishing with tide is going out.

On the West side of San Juan Island near [Eagle Point](#) and [Pile Point](#), you get to break all the rules for Chinook fishing that you have learned by reading this newsletter. This is a mid-water Chinook fishery where you might be fishing 60 to 90 feet deep (mostly 60) but the depth of the water is much greater. This makes for relatively easy fishing. This fishing is all about locating bait and staying on top of the bait.

Anywhere on the West side of San Juan Island, the Chinook are feeding on small needlefish that are only 3 inches long. I think it would be safe to say that you know what my recommendation is going to be: [Goldstar Coho Killer Spoons](#) in colors [White Lightning](#) and [Chrome Green](#).

# Just Fishing



I would recommend boat launching at [Coronet Bay near Deception Pass](#).

## Lake Wenatchee Sockeye Limits

Don't limit your exposure to Lake Wenatchee because Lake Wenatchee is pumping out 6 fish limits of Sockeye (as of July 26) for at least half the anglers fishing on the lake. These Sockeye Salmon can be caught at 30 feet at first light and they move down to 40 feet as the morning wears on. The rig is simple: Use a Size #0 Dodger with a 3/0 red hook 12 to 14 inches behind the dodger. Troll 1.5 to 1.7 mph. The best fishing is at the north end of the lake near the mouth of the White River. Barbless Hooks, no bait and knotless nets are some of the fishing rules. This great fishing should last through Mid-August. Keep in mind that Lake Wenatchee usually opens the first Saturday in August for Sockeye fishing. Fishing opened early this year because of the huge Sockeye return to the lake.

You can launch your boat at [Lake Wenatchee State Park](#). A Discover Pass is required to enter the park. Lake Wenatchee State Park has one boat ramp and 16-feet of dock.

A daily watercraft launching permit for \$7 and a trailer dumping permit for \$5 is available at the park. You can pay the \$7 at the boat launch

### Campsite Information:

The park has 155 tent spaces, 42 water and electric sites, one dump station, seven restrooms, and 16 showers. In addition, the park provides two ADA campsites. Call 509-763-3101 for more information.

## Area 7 Shrimp Re-Opening

The portion of Marine Area 7 South, which is west of Point Colville on Lopez

Island, is reopening for six additional days of recreational spot shrimp fishing, according to start Department of Fish and Wildlife biologist Mark O'Toole in La Conner. The dates are July 29 through Aug. 3, and the open area includes the Iceberg Point and Salmon Bank shrimp fishing grounds. Marine Areas 4, 5, 6, and 7 West remain open daily to all shrimp species.

## Crabbing Update

### Puget Sound Crab

Most Areas remain open through September 1st 2014 (Labor Day). Crabbing is only allowed Thursdays through Mondays each week during the summer season (closed on Tuesdays and Wednesdays). Crabbing has remained very good. My two top picks for August: In front of the Boeing Pier near Mukilteo and the East Side of Camano Island in Port Susan. 75-85 feet deep has been the best depth in most crabbing areas. Do not leave your crab pots unattended because theft has been a problem.

### San Juan Islands Area 7 South:

This Area remains open through September 29th 2014. Crabbing is only allowed Thursdays through Mondays each week during the summer season (closed on Tuesdays and Wednesdays). Crabbing has been excellent just south of Saddle Bag Island. The best depths have been 50-85 feet deep.

## Salmon for Soldiers

The Outdoor Line on 710 ESPN Seattle, the Puget Sound Anglers, and the Wounded Veteran Fishing Program (VFW Post 318) are happy to announce the 2nd Annual "Salmon for Soldiers" fishing event in Everett, Washington on Saturday, September 13th, 2014. What better way to say THANK YOU to our wounded veterans than to spend a great day fishing

with them on the Puget Sound.

This year's fishing event is planned around the peak of the annual silver salmon run in Puget Sound. The rivers of the north Puget Sound boast some of the strongest silver returns in Washington and the saltwater fishing for these aggressive fish can be spectacular near the Port of Everett.

Last year's event was a huge success and we expect even greater things for the 2014 Salmon for Soldiers fishing event. We've set a goal of 100 boats for 2014 and we're expanding the event to accommodate 200 wounded veterans. Best of all...the event is open to ALL wounded veterans. Space is limited, however, and we recommend registering early!

If you're looking to get involved in this awesome event please give one of us a shout. No one deserves a fun day of fishing on the Puget Sound more than our combat wounded veterans!

**Get involved:** [Click Here](#)

## Fish Taco's

### Use White Fish or Salmon

1 lb of fish cut in 1" by 5" lengths  
Soak the fish in a mixture of 1 cup milk with one beaten egg for 10 minutes

Melt 1 stick of butter in a fry pan - medium high

Drain liquid from fish  
[Zatarain's Southern Fish Fry\\*](#) - empty 1/2 box in a gallon zip lock bag  
Add 3 shakes of Chipotle Chile Pepper to fry mix

Add fish to bag and coat evenly  
Fry in butter for 2 minutes each side - or until fish is done

Put fish in warm Flour Tortilla's, add, Some plain cabbage pre cut (coleslaw mix)

Cut Avacado/guacamole

Cheese

1 T minced red onion

Salsa and or Ranch dressing

\*Zatarain's can be found at Safeway

Coho Seminar  
September 19, 2014  
By John Martinis

# “High Percentage Coho Fishing”

John Martinis will be presenting his very popular Coho Seminar at Bayside Marine. The public is invited to the seminar. There is no charge for the Seminar. Spend an hour with John Martinis and Mike Greenleaf discussing how to be a successful Coho Angler.

The Everett Stealhead and Salmon Club will have a raffle for a Scotty Downrigger, and some other great fishing tackle at the conclusion of this seminar.

**September 19 @ 7:00 PM**  
**Coho Seminar at Bayside Marine**  
1111 Craftsman Way  
Everett, WA 98201



# Special Purchase

Tackle For The Serious Angler

## Reel'm in Sale



**Shimano Tekota 500**  
**Sale Price \$145**  
**Reg. Price \$165**



**Scotty 2101 High Performance**  
**Sale Price \$499.00**  
**Lowest Price Anywhere!**



**Shimano TDR Salmon Rod**  
**\$23.50**  
**Reg. Price \$29.95**



**Okuma CLX 300 Salmon Reel**  
**Sale Price \$29.50**  
**Reg. Price \$39.50**

Prices Good Through August 30th-In Store Purchase Only

**John's Sporting Goods**

**John's Sporting Goods**  
**1913 Broadway**  
**Everett, WA 98201**  
**20% Discount**  
**on your next in store**  
**purchase**

Items that are excluded: Downriggers, Ace Line Hauler Products, Traxtech Products, Rods and Reels, Electronics, CTO3R Crab Pot, SMI Crab Pots, Braided Line, items that are discounted, on sale, repairs, parts and closeout items. Cannot be used in combination with discounted gift certificates.

**10% Discount**

**On Rods and Reels including Shimano**  
Excludes G-Loomis and St Croix

Not valid for online purchases or mail order  
Valid only with coupon at the time of sale

**Expires August 30, 2014**

**You Must have this coupon in your hand at the time of purchase. No exceptions made.**

Send your fish pictures to:  
customerservice@johnssportinggoods.com

Like us on Facebook:

[http://www.facebook.com/?ref=tn\\_tnmn#!/pages/Johns-Sporting-Goods/166123680152608](http://www.facebook.com/?ref=tn_tnmn#!/pages/Johns-Sporting-Goods/166123680152608)



**Scotty Downrigger**  
**Maintenance**  
**300ft Cable**  
or  
**300ft Spectra Braid**  
**\$49.95**

Included in the price is new brake pads, your choice of 300' of 150lb. Cable or 300' 200lb. of Cortland spectra downrigger line, cleaning and lubricating the downrigger.

Coupons and discounted gift certificates cannot be used for this service

**John's Sporting Goods**  
**Facebook**

**Thursday: Big Fish Day**

**Friday: Deal of the Day**

**Scotty Downrigger Deal**  
**Exclusive at**  
**John's Sporting Goods**

**Scotty 1106**  
**Guide Series**

**Installed with**  
**300ft 200lb Braided Spectra**  
**#1148 Ball hook**  
**#371 Scotty Snubber**  
**\$525**

**Standard Scotty 1106**  
**\$473**

Fishing Tackle-Crabbing Supplies-Shrimping Supplies

Store Hours: 9:00AM - 5:30PM Monday - Saturday  
425-259-3056 - 1913 Broadway, Everett, WA 98201

**John's Sporting Goods**  
**Fishing Tackle**  
**for**  
**The Serious Angler**